When is Hugging OK?

Sometimes I really want to hug someone. I know I can hug my mom and dad; that is OK! They are my family and hugging family members is OK. At school, giving someone a “HIGH 5” is another way of saying I like you, thanks for helping me today. I know this is the right thing to do. I can save hugs for home and high 5’s for school. My mom, dad and teachers will be so proud of me.

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